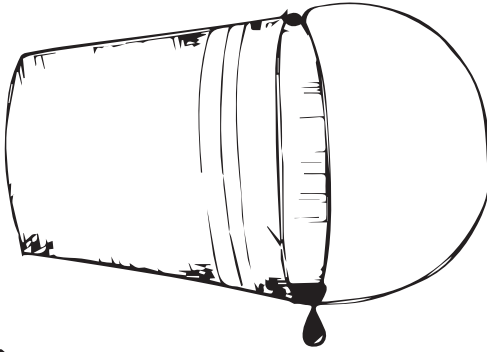
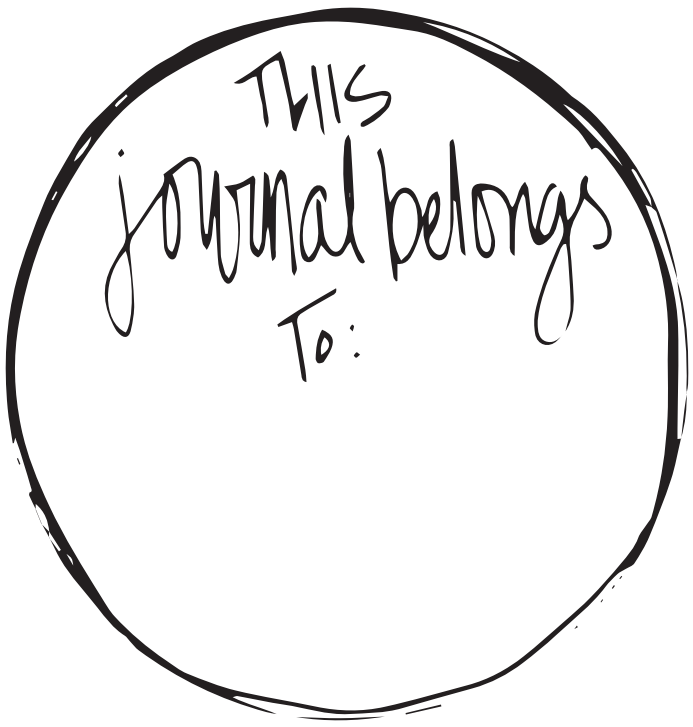


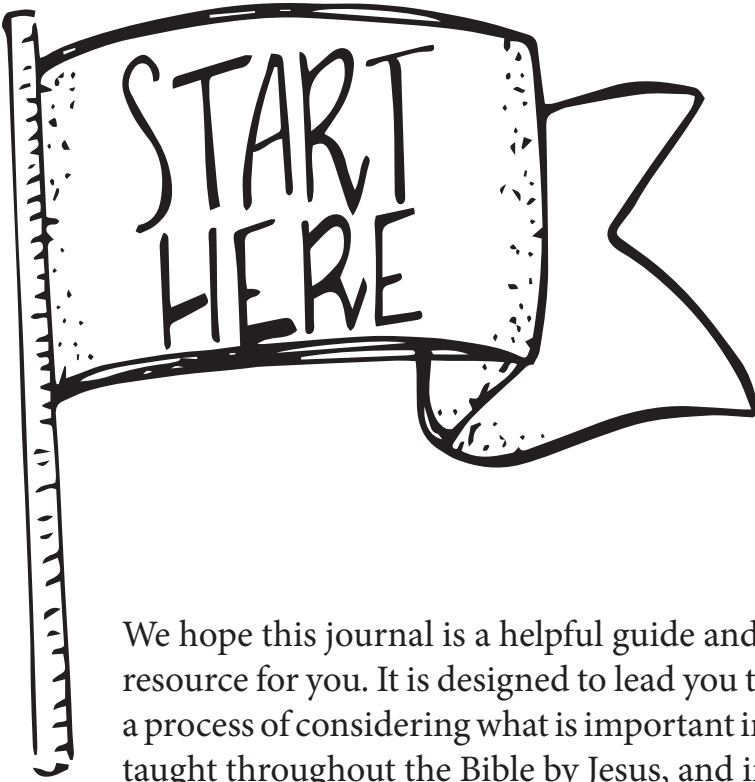
BUCKET LIST



5 THINGS TO DO BEFORE YOU DIE



THIS
journal belongs
To:



We hope this journal is a helpful guide and resource for you. It is designed to lead you through a process of considering what is important in life, as taught throughout the Bible by Jesus, and includes daily Bible readings and weekly exercises for you to complete and think about. By the end of this six week journal, we hope you will have grown deeper in your relationship with God, have learned new insights about yourself, and have a new outlook on how you can live a fuller life.

Let's get started!



NOTES

A hand-drawn illustration of a signpost. The sign is a horizontal banner with a pointed right end, outlined with a dashed line to suggest stitching. The word "NOTES" is written in a simple, hand-drawn font across the center of the banner. The sign is attached to a vertical post. The top of the post is a thin line extending upwards, and the bottom is a thin line extending downwards. The bottom-left corner of the sign is folded over, showing a hatched pattern underneath.

NOTES



1 BUCKET LIST

Day 1

READ:

John 12:20 - 36

THINK:

1. What is God saying to me in this?
 2. What am I going to do about it today?
 3. What does this say about how to live a full life?
-

1 BUCKET LIST

Day 2

READ:

Job 5:8 - 27

THINK:

1. What is God saying to me in this?
 2. What am I going to do about it today?
 3. What does this say about how to live a full life?
-

1 BUCKET LIST

Day 3

READ:

Psalm 90

THINK:

1. What is God saying to me in this?
 2. What am I going to do about it today?
 3. What does this say about how to live a full life?
-

1 BUCKET LIST

Day 4

READ:

1 Peter 4:7 - 11

THINK:

1. What is God saying to me in this?
 2. What am I going to do about it today?
 3. What does this say about how to live a full life?
-

1 BUCKET LIST

Day 5

READ:

2 Corinthians 5:20 - 6:10

THINK:

1. What is God saying to me in this?
 2. What am I going to do about it today?
 3. What does this say about how to live a full life?
-

1 BUCKET LIST

Day 6

READ:

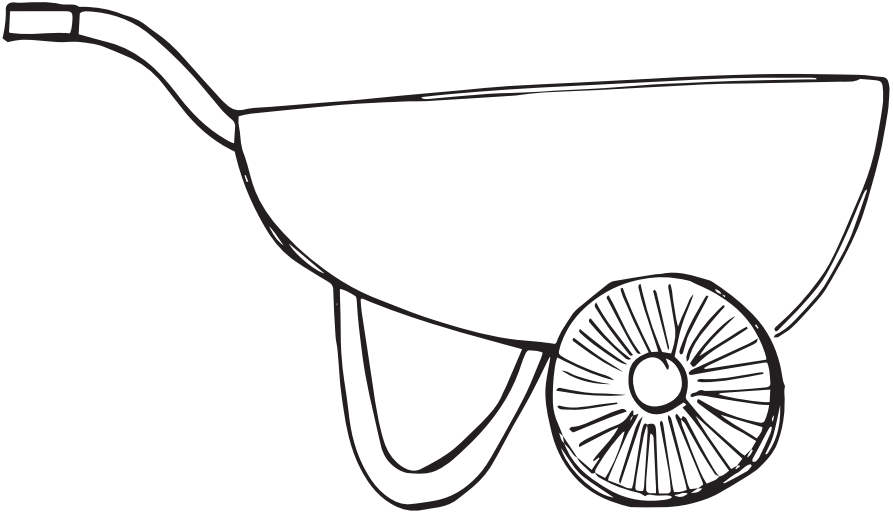
Ephesians 2:1 - 10

THINK:

1. What is God saying to me in this?
 2. What am I going to do about it today?
 3. What does this say about how to live a full life?
-









2

Serve somebody

What would you do if you suddenly realized you had all the power in the world? John 13 tells us that in a moment when Jesus “knew that the Father had put all things under his power,” a moment in which he could have chosen to do anything at all, he wrapped a towel around his waist, took a basin, got down on his hands and knees, and began to wash his disciples feet in a humble act of service. Be honest: washing other people’s feet was probably not the first thing that came to mind when you thought about having all the power in the world, was it?

After washing his disciple’s feet, Jesus goes on to say to them, “Now that I, your Lord and Teacher, have washed your feet, you also should wash one another’s feet. I have set you an example that you should do as I have done for you. Very truly I tell you, no servant is greater than his master, nor is a messenger greater than the one who sent him. Now that you know these things, you will be blessed if you do them.”

The first thing on the bucket list of Jesus is this: serve somebody. Take a few minutes now and write out at least five ways in the space provided that you can serve somebody else this week. As you go through the readings for this week, continue to think about how you can serve other people and come back to this list and commit to do the things you write down.

1 _____

2 _____

3 _____

4 _____

5 _____



2

Serve Somebody

Day 1



READ:

John 13:1 - 7



THINK:

1. What is God saying to me in this?
 2. What am I going to do about it today?
 3. What can I learn about serving others from this?
-



2

Serve somebody

Day 2



READ:

Joshua 24:14 - 18



THINK:

1. What is God saying to me in this?
 2. What am I going to do about it today?
 3. What can I learn about serving others from this?
-



2

Serve Somebody

Day 3



READ:

Psalm 105:1 - 11



THINK:

1. What is God saying to me in this?
 2. What am I going to do about it today?
 3. What can I learn about serving others from this?
-



2

Serve somebody

Day 4



READ:

Philippians 2:1 - 11



THINK:

1. What is God saying to me in this?
 2. What am I going to do about it today?
 3. What can I learn about serving others from this?
-



2


Serve Somebody

Day 5



READ:

Mark 10:35 - 45



THINK:

1. What is God saying to me in this?
 2. What am I going to do about it today?
 3. What can I learn about serving others from this?
-



2

Serve somebody

Day 6



READ:

Galatians 6:1 - 10



THINK:

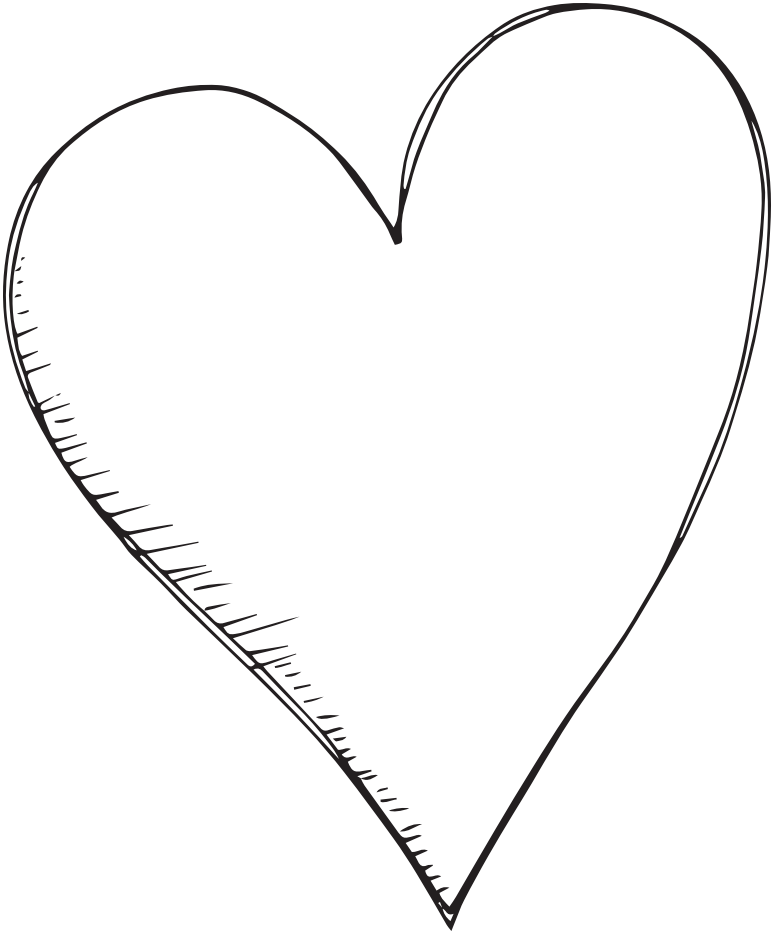
1. What is God saying to me in this?
 2. What am I going to do about it today?
 3. What can I learn about serving others from this?
-



NOTES

A hand-drawn illustration of a signpost. The sign is a horizontal banner with a pointed right end, outlined with a dashed line to suggest stitching. The word "NOTES" is written in a simple, hand-drawn font across the center of the banner. The sign is attached to a vertical post. The top of the post is a thin line extending upwards, and the bottom is a thin line extending downwards. A small, shaded triangular area is visible at the bottom-left corner of the sign, suggesting it is attached to the post.

NOTES



3

Love somebody

How can you tell if somebody's a follower of Jesus? Is it their church attendance? Is it their t-shirts? Is it their bumper stickers? Is it how they vote or what they argue about on the internet? It can be confusing sometimes to know because so many people have so many different litmus tests about what it means to be a follower of Jesus.

According to Jesus, though, although we've sometimes made it complicated, it's quite simple, really. In John 13, Jesus lays out clearly how you can tell if someone is one of his followers. He says this: "A new command I give you: As I have loved you, so you must love one another. By this everyone will know that you are my disciples, if you love one another." The marker of a follower of Jesus is simple: how well they love other people.

The second thing on the bucket list of Jesus is this: love somebody. Take a few minutes now and write out at least five ways in the space provided that you can love somebody else this week. As you go through the readings for this week, continue to think about how you can love other people and come back to this list and commit to do the things you write down.

1 _____

2 _____

3 _____

4 _____

5 _____

3

Love somebody

Day 1

READ:

John 13:31 - 35

THINK:

1. What is God saying to me in this?
 2. What am I going to do about it today?
 3. What can I learn about loving others from this?
-

3

Love somebody

Day 2

READ:

Leviticus 19:1 - 18

THINK:

1. What is God saying to me in this?
 2. What am I going to do about it today?
 3. What can I learn about loving others from this?
-

3

Love somebody
Day 3

READ:

Psalm 136

THINK:

1. What is God saying to me in this?
 2. What am I going to do about it today?
 3. What can I learn about loving others from this?
-

3

Love somebody
Day 4

READ:

1 John 2:1 - 11

THINK:

1. What is God saying to me in this?
 2. What am I going to do about it today?
 3. What can I learn about loving others from this?
-

3

Love somebody

Day 5

READ:

1 John 4:7 - 21

THINK:

1. What is God saying to me in this?
 2. What am I going to do about it today?
 3. What can I learn about loving others from this?
-

3

Love somebody
Day 6

READ:

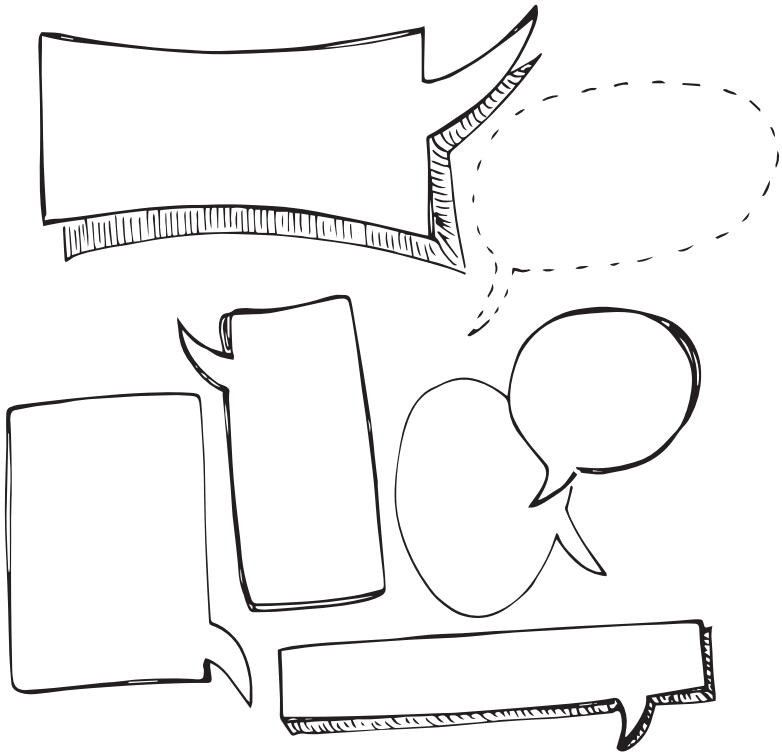
John 15:9 - 17

THINK:

1. What is God saying to me in this?
 2. What am I going to do about it today?
 3. What can I learn about loving others from this?
-







Does it really matter if you talk about your faith, or is that something that's better left to the professionals? St. Francis of Assisi once said, "Preach the Gospel at all times. Use words if necessary." Does that mean that words aren't really necessary and you can let your actions speak for themselves?

In John 15, Jesus says, "When the Advocate comes, whom I will send to you from the Father - the Spirit of truth who goes out from the Father - he will testify about me. And you also must testify." The bottom line is this: your words have power to them. The book of Proverbs says that the tongue "has the power of life and death." Too often, followers of Jesus are known for speaking words of judgment and division and anger, using their words to harm people rather than build them up. Your actions are important, but your words have the power to explain your actions and share the love of God through what you say and how you say it. To testify simply means to live life in a way that causes people to ask questions, and then when they ask, to give them an answer. The answer could be as simple as "This is the kind of thing I think God would want me to do."

The third thing on the bucket list of Jesus is this: tell somebody. Take a few minutes now and write out at least five ways in the space provided that you can speak life, truth, and encouragement into other people's lives this week. As you go through the readings for this week, continue to think about how and what you can tell somebody else and come back to this list and commit to do the things you write down.

1 _____

2 _____

3 _____

4 _____

5 _____

4

Tell Somebody

Day 1

READ:

John 15:26 - 16:15

THINK:

1. What is God saying to me in this?
 2. What am I going to do about it today?
 3. Who can I share this message with?
-

4

Tell Somebody

Day 2

READ:

Jeremiah 1:1 - 10

THINK:

1. What is God saying to me in this?
 2. What am I going to do about it today?
 3. Who can I share this message with?
-

4

Tell Somebody

Day 3

READ:

Psalm 15

THINK:

1. What is God saying to me in this?
 2. What am I going to do about it today?
 3. Who can I share this message with?
-



Tell Somebody

Day 4



Ephesians 4:17 - 32



1. What is God saying to me in this?
 2. What am I going to do about it today?
 3. Who can I share this message with?
-

4

Tell Somebody

Day 5

READ:

2 Corinthians 5:11 - 21

THINK:

1. What is God saying to me in this?
 2. What am I going to do about it today?
 3. Who can I share this message with?
-

4

Tell Somebody

Day 6

READ:

Colossians 4:2 - 6; 1 Peter 3:8 - 16

THINK:

1. What is God saying to me in this?
 2. What am I going to do about it today?
 3. Who can I share this message with?
-

NOTES

NOTES





PRAY for Somebody

When you pray, do you pray in order to establish a good spiritual habit, or do you pray with confidence, believing in the potential that God might respond? Prayer can be a confusing thing. Does it work? Can it really change people and circumstances? When I tell somebody that I'll be praying for them, should I really do it?

In John 16, Jesus says this about prayer: "Very truly I tell you, my Father will give you whatever you ask in my name. Until now you have not asked for anything in my name. Ask and you will receive, and your joy will be complete." In some of his final words to his disciples, Jesus instructs them to pray with expectation that God will respond. This doesn't mean we will always get the answer we want or the result we're hoping for, but the instructions are clear: pray with confidence, boldness, courage, and expectation, and when we approach God with confidence, the result is joy.

The fourth thing on the bucket list of Jesus is this: pray for somebody. Take a few minutes now and write out at least five ways in the space provided that you can pray for somebody else this week. You may even write a list of specific people for whom you can pray. As you go through the readings for this week, continue to think about how you can pray for somebody else and come back to this list and commit to do the things you write down.

1 _____

2 _____

3 _____

4 _____

5 _____

5

PRAY for Somebody

Day 1

READ:

John 16:16 - 33

THINK:

1. What is God saying to me in this?
2. What am I going to do about it today?
3. What does this teach me about prayer?

5

PRAY for Somebody

Day 2

READ:

Jonah 2

THINK:

1. What is God saying to me in this?
 2. What am I going to do about it today?
 3. What does this teach me about prayer?
-

5

PRAY for Somebody

Day 3

READ:

Psalm 86

THINK:

1. What is God saying to me in this?
2. What am I going to do about it today?
3. What does this teach me about prayer?

5

PRAY for Somebody

Day 4

READ:

James 5:13 - 16

THINK:

1. What is God saying to me in this?
 2. What am I going to do about it today?
 3. What does this teach me about prayer?
-

5

PRAY for Somebody

Day 5

READ:

Hebrews 4:12 - 16

THINK:

1. What is God saying to me in this?
2. What am I going to do about it today?
3. What does this teach me about prayer?

5

PRAY for Somebody

Day 6

READ:

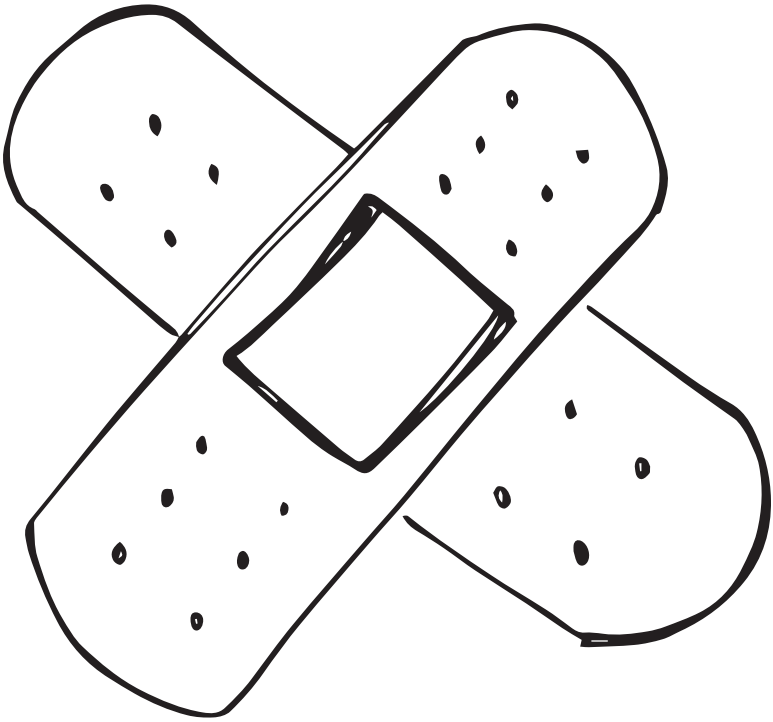
Matthew 7:1 - 12

THINK:

1. What is God saying to me in this?
 2. What am I going to do about it today?
 3. What does this teach me about prayer?
-









forgive somebody

Have you ever been offered forgiveness that you probably didn't deserve? Have you ever found it difficult to offer forgiveness to someone else when they didn't deserve it? Forgiveness is one of the most difficult and complicated concepts that we experience as humans. It's not easy to forgive, and it's often not easy to receive forgiveness. Yet, it's central to the Gospel, the good news of the story of Jesus.

The story goes something like this: God came to earth, took on the worst thing that humans could do to other humans, and while it was happening, said, "I forgive you." He took on the sins of the world, the worst of humanity, and in the middle of it he asked for and offered forgiveness for the people who were doing him harm. Through the forgiveness that Jesus offered on the cross, God continues to offer that same forgiveness freely to every human being on the planet. Let that sink in for a minute. There's nothing you can do that's beyond the healing, redeeming, forgiving power of God. We're invited to express that same forgiveness in our life with others.

The fifth thing on the bucket list of Jesus is this: forgive somebody. In fact, this is one of the very last things that he did in his life. Take a few minutes now and write out at least five ways or situations or people in the space provided that you can forgive other people this week. Who do you need to forgive? How can you forgive them? You may write a list of names or you may even write a list of specific ways you can express forgiveness to particular people. As you go through the readings for this week, continue to think about how you can forgive somebody else and come back to this list and commit to do the things you write down.

1 _____

2 _____

3 _____

4 _____

5 _____



forgive somebody

Day 1



Luke 23:26 - 49



1. What is God saying to me in this?
 2. What am I going to do about it today?
 3. What can I learn about forgiveness from this?
-



forgive somebody

Day 2



Colossians 3:1 - 17



1. What is God saying to me in this?
 2. What am I going to do about it today?
 3. What can I learn about forgiveness from this?
-



forgive somebody

Day 3



Psalm 103



1. What is God saying to me in this?
 2. What am I going to do about it today?
 3. What can I learn about forgiveness from this?
-



forgive somebody

Day 4



Matthew 26:17 - 30



1. What is God saying to me in this?
 2. What am I going to do about it today?
 3. What can I learn about forgiveness from this?
-

6

forgive somebody

Day 5

READ:

John 18:1 - 19:42

THINK:

1. What is God saying to me in this?
 2. What am I going to do about it today?
 3. What can I learn about forgiveness from this?
-



forgive somebody

Day 6




Lamentations 3:1 - 9, 19 - 33



1. What is God saying to me in this?
 2. What am I going to do about it today?
 3. What can I learn about forgiveness from this?
-

My NEW Bucket List



Over the past six weeks, we have confronted the fact that all of us will eventually “kick the bucket”, in an effort to reevaluate how we are spending our time and how Jesus calls us to live differently. He calls us to serve, love, tell, pray for, and forgive one another. Throughout this journal you have listed ways that you think you can do each of these things. Look back through your journal to each of these lists of 5 and begin recording them here on this page.

What if this list of 25 ways you can serve, love, tell, pray for, and forgive other people became your new bucket list? What might change in your life if you pursued these things with urgency, knowing that the clock is ticking? Once you’ve assembled this list, take some time with this new list of things you want to do before you die, and pray for ways that you can work towards completing them in your daily life.

| | | |
|-------|--------------------------|--|
| Serve | <input type="checkbox"/> | |
| | <input type="checkbox"/> | |
| | <input type="checkbox"/> | |
| | <input type="checkbox"/> | |
| | <input type="checkbox"/> | |
| Love | <input type="checkbox"/> | |
| | <input type="checkbox"/> | |
| | <input type="checkbox"/> | |
| | <input type="checkbox"/> | |
| | <input type="checkbox"/> | |

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forage



PKM for

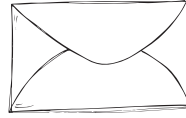
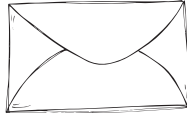
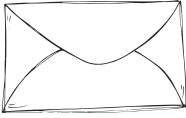


Teal



Love





A series of horizontal lines for writing, consisting of 18 lines. Each line is a solid top line and a dashed bottom line, providing a guide for letter height.



NOTES

A hand-drawn illustration of a signpost. The sign is a horizontal banner with a pointed right end and a dashed border, suggesting it's made of fabric or paper. It is attached to a vertical post. The word "NOTES" is written in a simple, hand-drawn font on the sign. The post has a small, shaded, triangular detail at the top where the sign is attached.

NOTES

